



Name:

Date:

PHC:

Village:

Pre-Training Knowledge assessment of ASHA/CHW for the CHIRI study:

A. Demographic characteristics

1. How old are you? _____ Years
2. What is the highest level of education you have completed?
 - Class IV
 - Class VI
 - Class VIII
 - Class X
 - Class XII
3. What is your marital status?
 - Married
 - Unmarried
 - Widow/divorced/separated
4. How well can you communicate in English
 - Only read
 - Only write
 - Read and write
 - Cannot read and write
5. What modules have you been trained as an ASHA?
 - i.
 - ii.
 - iii.
 - IV.
 - v.
 - VI.
 - VII.
6. From what age have you started working? _____
7. Are you doing any other works along with the ASHA duties? _____



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8. How long have you worked as an ASHA?
- 2 or less years
 - 2-4 years
 - 4-6 years
 - >6 years
9. What are the average working hours per day as an ASHA?
- 2 or less hours
 - 2-4 hours
 - 4-6 hours
 - >6 hours
10. Do you know how to operate a smart phone
- Yes
 - No
11. Do you use a cell phone
- Personal
 - Shared with family members

B. Knowledge

A. Which of the following is correct (you can tick more than one):

- Cardiovascular diseases are diseases of stomach and intestine
- Cardiovascular diseases are diseases of the heart and blood vessels
- Cardiovascular diseases occur suddenly
- Cardiovascular diseases can be prevented

B. Choose the correct statement:

- Blood pressure is the stress that one feels when they are anxious
- Blood pressure is the force of blood pushing against the walls of the arteries.
- High blood pressure gets cured when the patient takes rest
- High blood pressure cannot be diagnosed

C. High blood pressure is defined as BP

- Less than 120/80 mmHg
- Less than 130/89 mmHg
- Greater than 140/90mmHg
- Greater than 135/85 mmHg



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D. Which of the following are incorrect?

- High BP can cause cancer
- High BP can cause stroke
- High BP can be treated
- High BP can be controlled by eating more salt

E. Which of the following are correct?

- High BP can be controlled by rigorous physical activity
- High BP can be controlled by cycling more than 20 minutes in a day
- High BP can be controlled by sitting calmly at one place for 30 minutes each day
- High BP can be controlled by increasing salt consumption

F. Choose the correct symptoms of heart attack

- Chest pain
- Sweating
- Vomiting
- Fits

G. Stroke occurs when there is

- Damage to the heart
- Damage to the kidneys
- Damage to the brain
- Injury to eyes

H. Which of the following can prevent a person from getting cardiovascular diseases

- Reduce fat in meals
- Reduce vegetable intake
- Quit tobacco use
- Reduce physical activity

I. If a person has high blood pressure where would you refer him/her?

- 104 service
- Primary health centre
- Private clinic
- Anganwadi worker



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C. Skill

1. Which is the correct method to measure BP?



2. Which is the correct method to measure body weight?



3. BMI stands for

- Basal metabolic index
- Body mass index
- Blood metabolic index